



CAPE TOWN GYMNASTICS ASSOCIATION (CTGA)

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Cape Town Gymnastics Association is a member of the South African Gymnastics Federation, the Western Cape Gymnastics Association and the Cape Town Sports Council

Friday 26 July			
Session 1			
Competition A		Report & WU	11h00 - 11h30
Class 0; Class 1; Class 2 - All ages (21)		Compete	11h30 - 13h00
		PG	13h15
JUDGES LUNCH (13h00 - 13h30)			
Session 2			
Competition A	Competition B	Report & WU	13h00 - 13h30
Level 4: 10 years (28)	Level 4: 11 years & 7 - 9 years (30)	Compete	13h30 - 15h30
		PG	15h45
Session 3			
Competition A	Competition B	Report	15h00 - 15h30
Level 4: 12 years (27)	Level 4: 13 years & 14+over years (28)	Compete	15h30 - 17h15
		PG	17h30
Session 4			
Competition A	Competition B	Report	16h45 - 17h15
Level 5: 7 - 10 years; 11 years & 13 years (25)	Level 5: 12 years & 14+over years (26)	Compete	17h15 - 19h15
		PG	19h30

Saturday 27 July 2024			
Session 5			
Competition A		Report	09h00 - 09h30
Level 7: All ages (22)		Compete	09h30 - 11h30
		PG	11h45
Session 6			
Competition A		Report	11h00 - 11h30
Level 8: All ages & Level 9 All ages (17)		Compete	11h30 - 13h15
		PG	13h30
JUDGES LUNCH (13h15 - 13h45)			
Session 7			
Competition A		Report	13h15 - 13h45
Level 6: 7 - 11 years & 12 years(22)		Compete	13h45 - 15h15
		PG	15h30
Session 8:			
Competition A		Report	14h45 - 15h15
Level 6: 13 years & 14+over years(29)		Compete	15h15 - 17h15
		PG	17h30