



Western Cape Gymnastics Association

PO Box 293 Edgemoed 7407

www.westerncapegymnastics.com

Districts: Cape Town, Cape Winelands, Eden, Overberg & West Coast

NPO Reg: 142-856 NPO

WAG LEVEL 1 - 3 PROVINCIAL TRIALS 2024 SALDANHA MUTLI PURPOSE HALL

FRIDAY 7TH JUNE 2024

8 panels

Comp	Level	Age Group	#	Level	Age Group	#	Report & Warm-up	Compete	Prize Giving
1	1	A: 7 - 8 yrs: <u>Cape Winelands, Royals</u>	47	1	A: 9 - 10 yrs: <u>ACS, FH, All Stars, Excel, Brawns, Eversd</u>	48	08h30	09h00 - 11h00	11h30
2	1	B: 7 - 8 yrs: <u>ACS, Giants, Ign, Eversd, Mega</u>	48	1	B: 9 - 10 yrs: <u>Eden, West Coast, Cape Wine, Royals</u>	43	10h30	11h00 - 13h00	13h30
Judges Lunch									
3	1	C: 7 - 8 yrs: <u>Excel, FH, Future S, MJ, Grace, Parad, Royals, Southern, St M, All Stars, Brawns</u>	48	1	C: 9 - 10 yrs: <u>Giants, Grace, Ign, Mega, Parad, South, Tyger, Wasabi, Fut S, St M</u>	54	13h15	13h45 - 16h00	16h30
4	1	D: 7 - 8 yrs & 13 yrs: <u>Tyger, Brawns, Mega, Parad, South, W Coast, Eden</u>	8 & 41	1	D: 11-12 yrs: <u>ACS, All Stars, Brawns, Fut Star, Excel, Giants, Spect, Mega, St M, Tyger, Wasab, Eden, Royals, Cape Wine</u>	46	15h30	16h00 - 18h15	18h45
			192				191	Total	383

SATURDAY 8TH JUNE 2024

8 panels

Comp	Level	Age Group	#	Level	Age Group	#	Report & Warm-up	Compete	Prize Giving
5	2	E: 7 - 8 yrs: <u>C Wine, All Stars, Eden, W Coast, Brawns, Fut St, Grace, Ign</u>	35	2	E: 9 - 10 yrs: <u>ACS, Brawns, Mega, Excel</u>	36	08h30	09h00 - 11h00	11h30
6	2	F: 7 - 8 yrs: <u>Eversd, Mega, Parad, Tyger</u>	32	2	F: 9 - 10 yrs: <u>Cape Wine, Royals, Over B, W Coast</u>	39	10h30	11h00 - 13h00	13h30
Judges Lunch									
7	2	G: 11 - 12 yrs: <u>ACS, All St, Brawns, Excel, Eversd, Fut St, Ign, Giants, Gord, FH, Spec, Grace, Mega</u>	44	2	G: 9 - 10 yrs: <u>Eden, Parad, Tyger, Fut St, Ign</u>	41	13h15	13h45 - 16h00	16h30
8	2	H: 11 - 12 yrs & 13 yrs: <u>Tyger, Wasab, Royals, Eden, Ign, Spec, Eversd, W Coast, All Stars</u>	43	2	H: 9 - 10 yrs: <u>Eversd, All Stars, Giants, Grace, Southern</u>	42	15h30	16h00 - 18h15	18h45
			154				158	Total	312

SUNDAY 9TH JUNE 2024

8 panels

Comp	Level	Age Group	#	Level	Age Group	#	Report & Warm-up	Compete	Prize Giving
9	3	I: 7 - 9 yrs: <u>All</u>	44	3	I: 10 - 11 yrs: <u>C Wine, ACS, All stars, Brawns, Gord, Over B, W Coast, Royals, Ign, South</u>	41	08h30	09h00 - 11h15	11h45
10	3	J: 12 - 13 yrs & 14+: <u>All</u>	49	3	J: 10 - 11 yrs: <u>Excel, Giants, Mega, Parad, Tyger, Eden, Eversdal</u>	41	10h45	11h15 - 13h45	14h15
			93				82	Total	175

The gymnasts are to arrive 30 minutes earlier than the report time, in case the programme runs early.

870