

2024 EVERSDAL CLUB COMPETITION TRAMPOLINE & TUMBLING

SATURDAY, 8 JUNE 2024

Eversdal Gymnastics Club, Church Street, Brackenfell, Cape Town

Officials to meet at 12:00

Gymnasts to be in the hall at least 30 minutes before the Warm-up.

#	APPARATUS	LEVEL	AGE	TIMES	COUNT
COMP 1	Double Mini	L1	ALL AGES	Grouping 12:20	8
		L2	ALL AGES	Warm-up 12:30	
		L3	ALL AGES	Competition 13:00	
	Elle Loubser L2	Anika Heyns L2			
	Marizelle Noe L2	Anje Muller L2			
	EP Ryke L2	Troy Philander L2			
	Zak Neethling L3	Riley de Kock L3			
COMP 2	Euro Tramp	L1	ALL AGES	Grouping 13:20	8
		L2	ALL AGES	Warm-up 13:30	
		L3	ALL AGES	Competition 13:50	
	Elle Loubser L2	Anika Heyns L2			
	Marizelle Noe L2	Anje Muller L2			
	EP Ryke L2	Troy Philander L2			
	Zak Neethling L3	Riley de Kock L3			
COMP 3	Double Mini	L4	ALL AGES	Grouping 14:00	6
		L5	6-8, 9-10, 11-12, 13-14.	Warm-up 14:10	
	David Fourie L4	Inge Muller L5			
	Heinrich Erasmus L5	Mellisa Olivier L5			
	Bernise vd Merwe L5				
COMP 4	Euro Tramp	L6	ALL AGES	Grouping 14:25	5
		L7	ALL AGES	Warm-up 14:35	
		L8	ALL AGES	Competition 15:00	
	L9	ALL AGES			
	Miko Gelderblom L6	Inge Brand L8			
	Nico-Jan de Jongh L6	Amke Visagie L9			
	Xavier Hough L7				
SHORT BREAK (15:25-15:40)					
COMP 5	Euro Tramp	L4	ALL AGES	Grouping 15:40	7
		L5	15/OVER	Warm-up 15:50	
	David Fourie L4	Cherise Gouws L5			
	Mellisa Olivier L4	Marita Bosman L5			
	Luka Hearn L5	Mia Fourie L5			
COMP 6	Double Mini	L8	ALL AGES	Grouping 15:55	7
		L9	ALL AGES	Warm-up 16:10	
		L10	ALL AGES	Competition 16:40	
	L11	ALL AGES			
	Xavier Hough L8	Riley Sutton L9			
	Inge Brand L9	Sune van Jaarsveld L9			
	Amke Visagie L9	Nikita Chambers L11			
COMP 7	Euro Tramp	L5	6-8, 9-10, 11-12, 13-14.	Grouping 16:40	5
				Warm-up 16:50	
	Heinrich Erasmus L5	Bernise vd Merwe L5			
	Inge Muller L5	Lelani Hearn L5			
	Alize Conradie L5				
COMP 8	Double Mini	L5	15/OVER	Grouping 17:10	7
		L6	ALL AGES	Warm-up 17:20	
		L7	ALL AGES	Competition 17:45	
	Luka Hearn L5	Alize Conradie L6			
	Cherise Gouws L5	Marita Bosman L6			
	Lelani Hearn L6	Mia Fourie L7			
	Nico-Jan de Jongh L7	Miko Gelderblom L6			

#	APPARATUS	LEVEL	AGE	TIMES	COUNT
COMP 1	Tumbling	LEVEL 1, 2, 3, 4, 5.	ALL AGES	Grouping 12:20	6
				Warm-up 12:30	
			Competition 13:00		
		Marizelle Noe L3			
	Saskia Mastenbroek L5	Leane Olivier L5			
	Airy McIntyre L1	Xaven Paulse L5			
	Aasiyah van Harte L2				
	Kylie Vos L4				
COMP 2	Tumbling	LEVEL 6, 7, 8, 9, 10.	ALL AGES	Grouping 13:20	6
				Warm-up 13:30	
			Competition 13:50		
	Inge Brand L6	Nina le Hanie L9			
	Nikita Chambers L10	Nicola Swift L8			
	Noa Duxbury L6	Amelie vd Merwe L9			
	Amke Visagie L6				

Prize-giving will take place as soon as results are tabulated.

There will be a tuckshop available.

Level 4+ to wear club leotards and active footwear with white socks.

Level 1 to 3 to wear neat exercise clothes if you don't have a leotard.